# HOMEMADE TRAIL MIX

## INGREDIENTS

1/4 Cup of Nuts of Choice (examples: Almonds, Cashews, Pistachios, Walnuts)

1/4 Cup Dried Fruit of Choice (examples: Raisins, dried cherries, dried cranberries)

1/4 Cup of Seeds (examples: Sunflower seeds, Pumpkin seeds)

1 Tablespoon of Fun Stuff! (examples: Dark chocolate chips, Popcorn, Coconut Flakes)

## DIRECTIONS

**1.** In a bowl, combine the ingredients. Once mixed together, put into a bag or Tupperware container.