PEANUT BUTTER PROTEIN OATMEAL

INGREDIENTS

1/2 Cup Oats

PowerStrength Chocolate Protein Powder

Water (as desired for consistency)

1 Tablespoon Peanut Butter

1/2 - 1 Banana

Dark Chocolate Shavings

DIRECTIONS

1. In stovetop pot, combine oats, water and stir in protein powder. Heat on stovetop over medium heat.

2. Once the oats absorb most of the water, take off stovetop and place in bowl.

3. Stir in peanut butter and add dark chocolate shavings or squares and banana to top it off.